

**Can we go to Nanny's?**

60 Second Mountain Climbers

**Who are you talking to?**

60 Second Flutter Kicks



**When can I see my friends?**

60 second run on the spot

**I'm bored.**

20 Sit Ups



**Why?**

10 Burpees



**I need you!**

15 Cycle Crunches

**No.**

60 Second Plank



**I'm hungry, can I have a snack?**

15 Star Jumps



**Why aren't we at school?**

20 Squats



**What are you doing?**

60 Second Wall Sit

**Is that your work?**

20 Lunges



**Can I do reports with you?**

15 Press Ups